



Sacred Heart RC Primary School

NEWSLETTER



23rd January 2026

Dear Parents and Carers,

We are already speeding through January and are full steam ahead into the new term! All of our school clubs are now back up and running, and we are delighted to see students once again enjoying the wide range of activities and opportunities on offer.

We have already shared some fantastic experiences this month, including the Inter-School Rugby Tournament. Thank you, as always, for your continued support in making these events possible for our students.

This week, the Wednesday Word is 'Community'. This reminds us that we are all part of one school family, and that we each have a responsibility to look out for one another. This week, we encourage our students to take extra care of others in our school community through kindness, respect, and support.

Kind regards,
Jared Brading
Executive Headteacher



KS2 CRICKET SKILLS FESTIVAL

Ten students from Y2 were selected to attend the Surrey Cricket Skills Festival at Latchmere Leisure Centre last Friday. Those selected showed a real flair for cricket whilst the Surrey Coaching staff delivered a five week programme at Sacred Heart last term, so were therefore, given the opportunity to learn a few more skills. There were eight activities aimed at developing cricket skills, such as throwing with accuracy, catching, batting and fielding. The children were then given the opportunity to play a friendly game of three tee cricket against another school and managed a win by 90 runs!

Well done to all of the children that took part:
2C - Thea | Chioma | Eliza | Nura | Lira
2R - Harlie-Rose | Yabsera | Mila | Lara | Jayden

KS1 CLIMBING FRAME FUNDRAISER

We have had a few parents offering to give donations towards the new climbing frame for the KS1 playground. We have therefore set up a Just Giving page and are asking for donations towards the project.

Please find the link to our Just Giving page in our Instagram bio and below. You can also scan the QR code below.

[https://www.justgiving.com/crowdfunding/sacred-heart-battersea26?](https://www.justgiving.com/crowdfunding/sacred-heart-battersea26?utm_medium=CF&utm_source=EM)
[utm_medium=CF&utm_source=EM](https://www.justgiving.com/crowdfunding/sacred-heart-battersea26?utm_medium=CF&utm_source=EM)

We would like to thank you in advance for your generosity.



Project description
TRIPLE DECK 04 TOWER UNIT
A structure with a combination of all ages, this tower is designed to challenge and encourage children to climb, crawl, run and balance. It includes a rope ladder, a slide, a bridge and a net.

Project features
Steel frame
Climbing net
Challenge climbing net
Climbing bridge
Rope ladder
Rope ladder bridge
Rope ladder bridge
Wooden climbing tower

MOLLY 1L - PARK RUN HALF MARATHON

Molly in Y1 has been attending the Junior Park Run at Battersea Park every Sunday morning and was awarded with her Half Marathon Milestone last Sunday. Park Run is a wonderful opportunity for children to run a 2km distance at Battersea Park every Sunday morning for FREE! Children's times are recorded each week so they can track their progress and like Molly, they can gain awards to celebrate specific milestones. Well done Molly!

ATTENDANCE SCOREBOARD

BSC = 90%

GMB = 96.3%

N = 91.5%

RN = 91.7%

1B = 100%

1L = 97.4%

2C = 98.6%

2R = 93.5%

3L = 87.4%

3M = 95.6%

4O = 93.8%

4P = 88.3%

5L = 93.1%

5T = 91.2%

6G = 98.1%

6S = 94%

THE WINNERS ARE...



CONGRATULATIONS!!!

YEAR 1 ASSEMBLY

This wednesday Year 1 held an assembly for their parents and carers that showed everyone what they had been learning about in class over the last term. The assembly focused on English, Maths and Geography. It was wonderful to see the children presenting their work in front of an audience, singing about maths using animals and doing actions about continents across the world.



CATHOLIC LIFE: PRAYER GROUP WITH DEACON MICHAEL

As part of the Catholic life of our school, we come together every Friday morning for Prayer Group with Deacon Michael.

Children and parents are warmly invited to join us this Friday 9 January at 8:35am for an 8:40am start. The Prayer Group is held in the MPR room and lasts for approximately 15 minutes. Please enter via Este Rd gate. This term a class will be leading prayer group each week.

This is a special opportunity for our school community to come together in prayer and to begin the day in a calm, reflective, and faith-filled way. Please do come and join us.

We look forward to praying together.

THE WEDNESDAY WORD IS...

COMMUNITY

"Community is the place where love is proven, where we learn to forgive, to begin again, and to serve one another." -
St Teresa of Calcutta (Mother Teresa)

FOLLOW US ON INSTAGRAM

@sacredheartprimarybattersea



PINS PROJECT COFFEE MORNING

On Tuesday morning we held our Pins Project coffee morning for parents and carers. Staff from the Education Well-being Service shared information about their service and how they can help parents to support their child. It was very successful with many parents attending and speaking to staff from the service.

JAN & FEB 2026 MORE AT AUTHORFY.COM

A free children's book newsletter by **authorfy.**

BOOKDROP

Featuring **GUY BASS**

Discover the 'Stitch Head' series, the graphic novel, and now...

Stitch Head THE MOVIE!

Coming to cinemas February 2026



Also featuring: **Phil Earle, Emma Swan, Rob Biddulph, Rashmi Sirdeshpande, Eric Huang** and more

MORE INSIDE

TO ACCESS THE BOOKDROP NEWSLETTER



[CLICK HERE](#)



NHS
South West London and St George's Mental Health NHS Trust

Education Wellbeing Service

Understanding and Supporting your Child's Sleep.

Online Parent/Carer Group

The topic of sleep is a very common difficulty for many parents/carers and it can impact the whole family. This group will be for parents and carers of children ages 4-8 focusing on the following topics:

- The Science of Sleep.
- Common Sleep Difficulties.
- Creating the right environment and routines.
- Supporting your child with sleeping independently.
- Practical tools and skills to support your child.

Join our 4-session online group to connect with other parents/carers and learn new ways to support your child's sleep.

Dates and Times:
Session 1: 27/02/2026 12:30 PM - 1:30 PM
Session 2: 06/03/2026 12:30 PM - 1:30 PM
Session 3: 20/03/2026 12:30 PM - 1:30 PM
Optional session: 17/04/2026 at 12:30 PM - 1:30 PM

If you are interested but cannot attend these dates/times please sign up below and we will be in touch.

In many schools, we also provide free 1:1 early support for parents/carers of primary aged children to support their child's common worries and anxiety/s or support children's tricky or challenging behaviours. Please speak to your school to find out more.

Please scan the QR Code or follow the link or [click here](#) to sign up.



NHS
Central London Community Healthcare NHS Trust

How to treat head lice in children & adults

As soon as you spot live head lice in the hair follow the steps below: **It is really important to treat everyone in the family on the same day.** This will remove the head lice and nits and prevent them spreading again to treated members or those that don't have lice.

Wet Combing Method

Wet comb the hair to remove the lice and nits. It is important to wet the hair as the lice do not move when they are wet which makes it easier to comb them out of the hair. A special fine-toothed comb (detection comb) can be brought online or from a pharmacy. Using the comb follow the steps below:

1. Wash the hair with ordinary shampoo
2. Apply lots of conditioner (any conditioner will do)
3. Comb the whole head of hair, using the comb, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair. When you've finished combing the hair, comb through all the hair again for a second time. Wet combing should be carried out on day 1, 5, 9 and 13. This is to catch any newly hatched head lice. On day 17 check everyone's hair is free of lice.

Medication Method

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. The lotion or spray coats the live lice and suffocates them. Some lotions and sprays come with a comb to remove dead lice and eggs or use the comb used for wet combing.

Some treatments need to be repeated after a week to kill any newly hatched lice. Check the pack to see if they're OK for you or your child to use, and how to use them. If lotions or sprays do not work, speak to a pharmacist about other treatments.

Do not use the following treatments, as they will not work:

- Products containing permethrin
- Head lice "repellents"
- Electric combs for head lice
- Plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

And a last thing to note:
There's nothing you can do to prevent head lice but you CAN stop them spreading. Wet comb regularly to catch them early. Once you are confident the lice have gone continue to check the hair at least once a week!

Watch this:
Wet combing video by Community Hygiene Concern



Ref: National Institute Clinical Excellence, 2021 & NHS, 2024

Sacred Heart School **Spring Events 2026**

Date	Event
Monday 5 th January	Spring term starts
Tuesday 6 th January	Epiphany Mass Y2-Y6
Tuesday 13 th January	Reception Phonics Information Meeting in Hall at 9.15
Wednesday 14 th January	3M Class Assembly 9.15am
Tuesday 20 th January	Reception Phonics Drop-In Session at 9.10
Wednesday 21 st January	Y1 Class Assembly 9.15am
Wednesday 21 st January	Y6 Family Learning (SATS) - Y6 parents and pupils invited
Friday 23 rd January	Early years Family Learning Session – Nursery and Reception Parents in Hall 9.15
Tuesday 27 th January	Reception Phonics Drop-In Session at 9.10
Wednesday 28 th January	Y2 Celebration of the Word and book share – 9.15am. Parents welcome.
Wednesday 28 th January	Y6 Family Learning (SATS) - Y6 parents and pupils invited
Friday 30 th January	Feast of John Bosco Mass at Sacred Heart Church Y2-6 10.00am. Parents welcome.
Tuesday 3 rd February	Reception Phonics Drop-In Session at 9.10
Wednesday 4 th February	Y1 Celebration of the Word and book share – 9.15am. Parents welcome.
Wednesday 11 th February	Y3 Celebration of the Word and book share – 9.15am. Parents welcome.

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