

# Newsletter



Sacred Heart RC Primary School

3/10/2025

Dear Parents

As autumn settles in with its dark mornings and golden leaves, we begin October with a spirit of reflection and celebration. This month holds special significance as we mark the start of Black History Month, honouring the achievements and contributions of Black communities. And as we dedicate ourselves to the Rosary, a time of prayer and unity for our Catholic family. It has also been a moment of great pride for our school community, with some of our girls featuring on ITV News ahead of the Women's Rugby Final—an inspiring reminder of the visibility and strength of women in sport.

Here is the link to watch the girls 24 mins in to the clip

<https://www.youtube.com/watch?app=desktop&v=IrBMj-CpnYQ>

## **How many of you read with your children each day?**

**Sacred Heart sees reading for pleasure as an essential life skill. The topic is in the news as less and less children pick up a book at home and fewer and fewer parents understand how important reading with young children is!!**

We try to promote reading at every opportunity and work with many different partners to support reading.

Thank you to the parents of nursery and reception children who attended the workshop with **"Learn To Love To Read"** on Wednesday morning. We have been working with this charity for a year and have been able to take advantage of their offers to support and encourage our children with their reading. As part of our collaboration, they provide us with many reading volunteers, run family learning workshops and arrange authors to visit the school.

On Thursday., the children in years 4, 5 and 6 met author **Claire Linney** who told them all about her route into writing and shared top tips for writing time-travelling stories with our year five children. Claire's visit marks the beginning of the events we have planned for Black History Month.

<https://www.clairelinney.com/>

We have shared many of the events planned around the Borough and there is a comprehensive programme in school planned for the month ahead.

## **Year 2 trip to the York gardens library**

In another visible sign of our commitment to children's reading, the children from Y2 visited York Gardens Library to hear the author Fay Evans talk about her love of reading and how it led her to write. The children loved her stories and finished with a book-making workshop of their own.



## Healthy eating and Gold Healthy Schools award

The girl's rugby team weren't the only Sacred Heart children to be filmed this week. Wandsworth Council visited to film the work of the Eco-Club.

They went away very impressed with the enthusiasm and knowledge of the children. They also took away containers of the leek and potato soup that they made in the children's kitchen.

Food Workshops also continued in different classes with Zdenka Buchan – the

Wandsworth Healthy Schools lead in school. Zdenka is also leading a workshop for parents of children who are 'picky eaters'. We also bring reading into healthy eating- we are using these books with children to promote the benefits of a mixed diet rich in fruit and vegetables.

<https://www.seeandeat.org/ebooks/>



## The Catholic life of the School

This month we have been challenged by Archbishop John to pray a decade of the Rosary each day in October. We have a series of Rosary events planned and we would love parents to join us after drop off at 9am. Come along with your children and we will pray for peace together.

### 9.10-9.25am Friday 10<sup>th</sup>

KS2 Family Rosary on either the KS2 paved area outside Y4 or the KS2 garden.

### 9.10 -9.25am Thursday 16<sup>th</sup>

KS1 Family Rosary in the KS1 garden area

## The Wednesday Word

### THE WEDNESDAY WORD is FAITH

In Sunday's Gospel Jesus tells the disciples that if their faith was the size of a tiny mustard seed, then you could do astonishing things.

The Mustard Seed plays a big part in the life of Sacred Heart. It leads our Mission Statement and all that we hope for the children. Listen out for the words at Mass this weekend.



Official

# Parent Coffee Morning 'Picky Eating'

**When: Thursday 9<sup>th</sup> October 2026 9am- 10am**  
**Where: Lunch hall**

We are delighted to invite you to our  
**'Picky Eating'** workshop with registered  
Public Health Nutritionist from the  
Wandsworth Public Health team.

In the workshop we will discuss the  
psychological reasons behind picky  
eating, share some tips and tricks on how  
to encourage your child to try new foods  
and finish with a workshop on how to  
make summer rolls as easy food activity  
to try at home with your child.

You will get to make and eat your own  
summer roll, ask any questions you may  
have and **there will be a small gift for  
your child.**

Wandsworth